

Tahoe Adventure Company



☞ Equipment List for Snowshoeing ☞

Thank you for choosing the Tahoe Adventure Company. Your guided Snowshoeing trek will travel approximately 3 miles over a variety of terrain. We will be outdoors for the duration of your trip. The winter season can offer a variety of conditions here in the mountains so **please follow this list closely**; it is designed to make your outing safe and comfortable. **Dressing in layers is the key to comfort.** Synthetic clothing or wool will keep you warm if it becomes wet **while cotton will not.**

Required Items

- ☞ Lightweight base layers or long johns. Long sleeve top and bottoms ~ Polypropylene/Capilene or other synthetic clothing is best, wool also works. **NO COTTON!**
- ☞ Comfortable water proof hiking boots or winter boots such as Sorrels with Wool socks (for warmth and extra padding). Again, no cotton
- ☞ Long sleeve layer/shirt. Wool, Fleece or other synthetic clothing is best
- ☞ A ski jacket or other water proof shell
- ☞ Ski pants or other water resistant pants
- ☞ Sun Screen (SPF 15 or higher)
- ☞ A hat with a brim
- ☞ A warm ski hat or beanie (wool or fleece)
- ☞ 2 pairs ski gloves or equivalent (in case one gets wet)
- ☞ Extra top and bottom layer for cold days or to change into after tour
- ☞ Sunglasses **and neck strap** such as "Chums" or "Croakies"
- ☞ Ski goggles in a protective case or bag (in case of snow)
- ☞ Headlamp

Recommended items

- ☞ A small backpack or hip pack to carry your things
- ☞ Camera

Remember, dressing in layers is the key to comfort!

If you have any questions about gear for your trip please give us a call or e-mail.

Tahoe Adventure Company

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