



### **Equipment List for Snowshoeing**

Thank you for choosing the Tahoe Adventure Company. We will be outdoors for the duration of your trip. The winter season can offer a variety of conditions here in the mountains so **please follow this list closely**; it is designed to make your outing safe and comfortable. **Dressing in layers is the key to comfort.** Synthetic clothing or wool will keep you warm if it becomes wet **while cotton will not.**

#### **Required Items:**

- Lightweight base layers or long johns. Long sleeve top and bottoms ~ Polypropylene/ Capilene or other synthetic clothing is best, wool also works. **NO COTTON!**
- Comfortable water proof hiking boots or winter boots such as Sorrels with Wool socks (for warmth and extra padding). Again, no cotton
- Long sleeve layer/shirt. Wool, Fleece or other synthetic clothing is best
- A ski jacket or other water proof shell
- Ski pants or other water resistant pants
- Sun Screen (SPF 30 or higher)
- A hat with a brim
- A warm ski hat or beanie (wool or fleece)
- 2 pairs ski gloves or equivalent (in case one gets wet)
- Extra top and bottom layer for cold days or to change into after tour
- Sunglasses (Suggested: neck strap such as "Chums" or "Croakies")
- Ski goggles in a protective case or bag (in case of snow)
- **Full reusable water bottle**

#### **Recommended items:**

- A small backpack or hip pack to carry your things
- Camera (protective case and lanyard)

#### **Recommended items for Full Moon and Star Tours**

- **Headlamp or flashlight - We have a limited number so please bring one if you have!**
- Blanket for Star Tour
- Camp chair for Star Tour

If you have any questions about gear for your trip please give us a call or e-mail.

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