TAHOE ADVENTURE COMPANY
Inspiring High Sierra Adventures

Equipment List for Snowshoeing

Thank you for choosing the Tahoe Adventure Company. We will be outdoors for the duration of your trip. The winter season can offer a variety of conditions here in the mountains so **please follow this list closely;** it is designed to make your outing safe and comfortable. **Dressing in layers is the key to comfort.** Synthetic clothing or wool will keep you warm if it becomes wet **while cotton will not.**

Suggested Items:

- Lightweight base layers or long johns. Long sleeve top and bottoms ~ Polypropylene/ Capilene or other synthetic clothing is best, wool also works. NO COTTON! Athletic clothing is sufficient.
- Comfortable waterproof hiking boots or winter boots such as Sorrels. *Boots can be rented at Tahoe Dave's if needed.*
- Wool socks
- Long sleeve layer/shirt. Wool, Fleece or other synthetic clothing is best
- A ski jacket or other waterproof shell
- Ski pants or other water-resistant pants
- Sunscreen (SPF 30 or higher)
- A hat with a brim (for sunny day)
- A warm ski hat or beanie (wool or fleece)
- 1 pair ski gloves or equivalent (good to bring another pair back up)
- Sunglasses or ski goggles
- **Full reusable water bottle**

Recommended items for Full Moon and Star Tours

- **Headlamp or flashlight - We have a limited number so please bring one if you have!**
- Blanket for Star Tour
- Camp chair for Star Tour

If you have any questions about gear for your trip please give us a call or e-mail.

Tahoe Adventure Company
Phone (530) 913-9212
P.O. Box 3951, Truckee, CA. 96160
TahoeAdventureCompany.com